



Nutritional support for peak vitality across multiple body systems and free radical defense for overall healthy aging

APPLICATIONS / BENEFITS

- Reduces oxidative damage to vital tissues
- Supports endothelial function
- Increases nitric oxide production
- Promotes healthy cholesterol and blood sugar levels
- Supports joint mobility and flexibility
- Promotes healthy inflammatory response

OVERVIEW

Patient One Pycnogenol® OPC Complex 300 mg is a potent super antioxidant formula comprised of multiple OPC's (Oligomeric Proanthocyanidins) — powerful bioflavonoids that act as free radical scavengers in the human body and promote antioxidant activity and overall healthy aging. This highly absorbable formula features a network of clinically proven antioxidant compounds with a diverse spectrum of demonstrated health and wellness support functions: promoting heart health, normalizing blood vessel diameter, protecting retinal capillaries, promoting clear respiration, encouraging healthy inflammatory response, supporting youthful and healthy skin, and more.

KEY INGREDIENTS

Pycnogenol® Pine Bark:

Pycnogenol, French maritime pine bark, is one of the most evidence-based natural ingredients in the world, with over 220 scientific publications on its safety and efficacy across a variety of areas of health. Often referred to as an OPC and considered a "super antioxidant," Pycnogenol binds to collagen and elastin, influencing endothelial nitric oxide production, which may promote healthy circulation as well as a vasodilation effect that may also support healthy blood pressure. Pycnogenol is believed to help regulate the immune system and modulate the body's inflammatory response while increasing skin elasticity and protecting against UV damage.

Mirtoselect® Bilberry Extract:

Another extensively studied OPC, Mirtoselect standardized bilberry extract, provides 36% anthocyanins—antioxidants that act as potent scavengers of free radicals that have demonstrated a broad range of health benefits. Mirtoselect has been found to be an effective adjunctive therapy for retinal sensitivity and visual acuity, venous health, blood sugar stabilization and healthy inflammatory response.

Grapeseed Extract:

A unique extract standardized to 95% total proanthocyanidins, grapeseed supplies beneficial compounds and antioxidants from California-grown red and white wine grape seeds. By including lower molecular weight OPCs, bioavailability and absorption is improved — optimizing grapeseed's ability to stabilize blood vessels, promote circulation and influence blood pressure pathways.

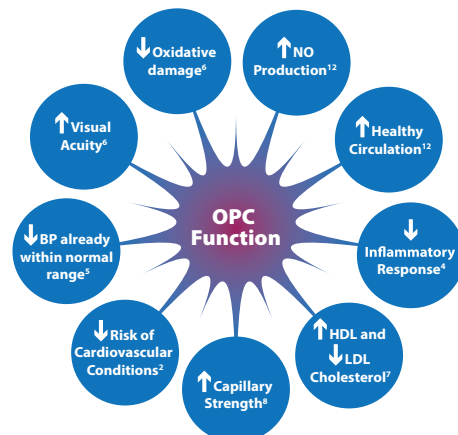
Red Wine Extract:

Red wine extract, standardized to 25% polyphenols, supplies additional high-potency antioxidants. Current evidence strongly supports the protective contribution of polyphenols in cardiovascular and bone health and suggests their defensive role in nervous system health and blood glucose support.

Citrus Bioflavonoid Complex:

Citrus bioflavonoids appear to have strong antioxidant activity. Citrus bioflavonoids are derived from fruits high in vitamin C, and they appear to act synergistically with the vitamin to neutralize free radicals. Antioxidant properties of bioflavonoids are thought to be particularly beneficial for capillary strength.

OPCs: A Wide Spectrum of Beneficial Effects



RESEARCH

• One study investigating Pycnogenol's influence on CVI (Chronic Venous Insufficiency) found an unexpected benefit: healthy cholesterol support. In the study, 40 patients took 600mg of horse chestnut seed extract or 360mg of Pycnogenol every day over four weeks. At study's end, researchers found that Pycnogenol not only eased CVI symptoms but was also associated with significantly reduced blood levels of total cholesterol and LDL cholesterol. Pycnogenol's activity is also believed to inhibit the oxidation that makes LDL cholesterol even worse for heart health.

• Research suggests that Pycnogenol might be an ideal antioxidant because it is highly absorbable. In one small study, researchers reported that while subjects took 150mg of Pycnogenol daily, their antioxidant capacity (ORAC activity) was increased by 40%. Researchers concluded that Pycnogenol "considerably improves antioxidant protection in plasma".

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Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving

Pycnogenol® (French Maritime Pine Bark extract)	100 mg*
Grapeseed extract (<i>Vitis vinifera</i>) (inner core of fruit) [Standardized for 95% proanthocyanidins (47.5 mg)]	50 mg*
Red wine extract (<i>Vitis vinifera</i>) (skin) [Std. for 25% polyphenols (12.5 mg)]	50 mg*
Mirtoselect® Bilberry fruit (<i>Vaccinium myrtillus L.</i>) [Standardized ethanolic extract 36% of anthocyanins (18 mg)]	50 mg*
Citrus Bioflavonoid Complex Standardized to 50% Bioflavonoids (25mg) [Proprietary blend of Flavanone (Hesperidin) and Flavonones (Narirutin, Naringin, 7-B-Rutinoside and others)]	50 mg*

* Daily Value not established

Other Ingredients: vegetable cellulose (capsule), rice flour, leucine

Free of: milk, egg, fish, peanuts, crustacean shellfish, soy, tree nuts, wheat, yeast and gluten. Free of ingredients derived from GMOs.

Suggested Use: Take 1 capsule daily as a dietary supplement, between meals, or as directed by your health practitioner. Store in a cool, dry place.

Caution: If you are pregnant, nursing, or taking any medications, consult your health practitioner before use. Discontinue use and consult your health practitioner if any adverse reactions occur.

Keep out of reach of children.

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Vegetarian

Gluten Free

Non-GMO

Vegetable Caps

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

(631) 390-9669 info@patientoneformulas.com patientoneformulas.com

415 Oser Avenue, Suite Q1, Hauppauge, NY 11788

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