



Provides N-Acetyl-L-Cysteine, a versatile amino acid

APPLICATIONS / BENEFITS

- Enhances glutathione production
- Provides mucolytic and antioxidant action
- Promotes homocysteine metabolism
- Supports healthy lung tissue
- Supports heavy metal detoxification

OVERVIEW

Patient One NAC supplies 600 mg per capsule of the amino acid N-Acetyl-L-Cysteine, a precursor to glutathione, the body's most powerful antioxidant which is known for diverse clinical uses.

NAC is recognized as an effective means of increasing circulating levels of glutathione in the body. As such, NAC supports detoxification of environmental toxins and pollutants and protection from normal exposure to heavy metals.

NAC supports respiratory and immune health by promoting normal mucus viscosity. It is commonly used as an agent to help clear sinus and airway congestion caused by mucus overproduction. Because of its sulfur content, NAC is able to disrupt disulfide bonds, thinning the mucus so that mucus, together with any trapped unwanted particles, can be more easily expelled from the lungs.

A source of the amino acid L-cysteine, NAC offers support for overall cardiovascular wellness. NAC is believed to hinder homocysteine formation at plasma protein binding sites while encouraging efficient elimination of homocysteine via urinary excretion.

REFERENCES

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3. Krinsky DL, LaValle JB, Hawkins EB, et al. *Natural Therapeutics Pocket Guide*. 2nd ed. Hudson (OH): Lexi-Comp; 2003.
4. Grandjean EM, Berthet P, Ruffmann R, Leuenberger P. Efficacy of oral long-term N-acetylcysteine in chronic bronchopulmonary disease: a meta-analysis of published double-blind, placebo-controlled clinical trials. *Clin Ther*. 2000 Feb 22(2):209-21. [PMID: 10743980]
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6. Atkuri KR, Mantovani JJ, Herzenberg LA, et al. N-Acetylcysteine—a safe antidote for cysteine/glutathione deficiency. *Curr Opin Pharmacol*. 2007 Aug;7(4):355-9. Review. [PMID: 17602868]

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

Amount Per Serving

N-Acetyl-L-Cysteine	600 mg*
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* Daily Value not established

Other Ingredients: vegetable cellulose (capsule), rice flour, leucine

This product is a sulfur-containing compound and may emit a sulfur odor.

Free of: milk, egg, fish, peanuts, crustacean shellfish, soy, tree nuts, wheat, yeast and gluten. Free of ingredients derived from GMOs.

Suggested Use: Take 1 capsule 1 to 3 times daily as a dietary supplement, between meals, or as directed by your health practitioner.

Caution: If you are pregnant, nursing, or taking any medications, consult your health practitioner before use. Discontinue use and consult your health practitioner if any adverse reactions occur.

Keep out of reach of children.

Gluten Free

Non-GMO

Vegetable Caps

The statements in this document have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.

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